Highlights of your Health Care Coverage

WA FARM BUREAU HEALTHCARE TRUST - LWWA

Effective Date: 10/01/2025

Any deductibles, copays, and coinsurance percentages shown are amounts for which you're responsible.
Medical Benefits apply after the calendar-year deductible is met unless otherwise noted, or if the cost share is a copay.

MEDICAL PLAN	**PPO 100 PLAN 5500**	
	LW HEALTH PLAN OF WA PREFERRED IN-NETWORK	**OUT-OF-NETWORK**
MEDICAL COST SHARES		
Individual Deductible PCY (Family embedded deductible 2X Individual)	$5,500 PCY	Shared with In-Network
Coinsurance (Member's percentage of costs after deductible based on allowable charges)	0%	20%
Individual Out of Pocket Maximum PCY, includes deductible, coinsurance and copay if applicable (Family embedded OOP max 2X Individual)	$7,000 PCY	Shared with In-Network
Office Visit Cost Share	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
PREVENTIVE CARE OPTIONS AND HEALTH EDUCATION		
Preventive Office Visit (Unlimited, subject to standard medical guidelines)	Covered In Full	Shared with INN Ded, then 20% Coinsurance, applies to Shared INN & OON Out of Pocket Max
Immunizations (Unlimited, subject to standard medical guidelines)	Covered In full	Dep Child up to Age 18 Covered In Full; Members 18 & over OON Deductible, then Coinsurance
Health Education (HE) (Unlimited)	Covered In Full	Not Covered
Nicotine Dependency Programs (ND) (Unlimited)	Covered In Full	Shared with INN Ded, then 20% Coinsurance, applies to Shared INN & OON Out of Pocket Max
Diabetes Health Education (DE) (Unlimited)	Covered In Full	Shared with INN Ded, then 20% Coinsurance, applies to Shared INN & OON Out of Pocket Max
CHRONIC CONDITION MANAGEMENT PROGRAMS		
Diabetes Management Plus	Included	Not Applicable

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PROFESSIONAL CARE		
Professional Office Visit	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Telemedicine with Traditional Providers - General Medical	$40 Copay, applies to the Shsred OOP Max	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
VIRTUAL CARE SERVICES		
Telemedicine - General Medical (Virtual Care Only)	$40, applies to the OOP Max	Not Covered
Telemedicine - Mental Health (Virtual Care Only)	Subject to Mental Health Outpatient Professional Care In-Network Cost Share	Not Covered
Telemedicine - Chemical Dependency (Virtual Care Only)	Subject to Chemical Dependency Outpatient Office Visit	Not Covered
DIAGNOSTIC SERVICES		
Preventive Imaging and Laboratory	Covered in Full	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Diagnostic Laboratory	Covered in Full	Covered in Full
Basic Diagnostic Imaging	Covered in Full	Covered in Full
Major Diagnostic Imaging	Covered in Full	Covered in Full
Preventive Mammography	Covered in Full	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Diagnostic Mammography	Covered in Full	Covered in Full
Supplemental Breast Exam	Covered in Full	Covered in Full
FACILITY CARE		
Inpatient Facility	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Inpatient Professional Services	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Outpatient Surgery Facility	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Skilled Nursing Facility (90 days PCY; includes room and board, and facility billed professional and ancillary fees)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
HOSPICE & HOME HEALTH CARE		

MEDICAL PLAN	PPO 100 PLAN 5500	
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Hospice Inpatient Facility (30 days Inpatient; within the 6 month lifetime maximum)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Hospice Care (Hospice Home Visits: Unlimited; Respite: 240 hours; within the 6 month lifetime maximum)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
MATERNITY & REPRODUCTIVE CARE		
Contraceptive Management Services (Unlimited)	Covered in Full	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Sterilization - Female (Unlimited)	Covered in Full	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Sterilization - Male (Unlimited)	Covered in Full	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
MEDICAL TRANSPORTATION BENEFITS		
Transplant Travel & Lodging ($7,500 per transplant)	$5,500 PCY Deductible, 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	$5,500 PCY Deductible, 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum
EMERGENCY CARE AND TRANSPORTATION		
Emergency Care (If applicable, waive copay if admitted to inpatient facility)	$200 Copay then $5,500 PCY Deductible and 0% Coinsurance; all cost shares apply to the $7,000 PCY Out of Pocket Maximum	$200 Copay then $5,500 PCY Deductible and 0% Coinsurance; all cost shares apply to the $7,000 PCY Out of Pocket Maximum
Emergency Room Physician	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum
Urgent Care Center	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Ambulance Transportation (Unlimited)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum
ALTERNATIVE CARE		
Acupuncture (12 visits PCY)	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Manipulations (Spinal and other) (12 visits PCY)	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
CHEMICAL DEPENDENCY & MENTAL HEALTH		

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Chemical Dependency Inpatient Facility Care (Unlimited)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Chemical Dependency Outpatient Professional Care (Unlimited)	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Mental Health Inpatient Facility Care (Unlimited)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Mental Health Outpatient Professional Care (Unlimited)	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
REHABILITATION & NEURO		
Rehab Inpatient Facility (30 days PCY combined limit for inpatient services)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Rehab Outpatient Care, Including Physical, Occupational, Speech and Massage Therapy, and Chronic Pain (25 visits PCY combined limit for outpatient services)	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Rehab Outpatient Care Chronic Conditions, Including Cardiac, Pulmonary Rehab, and Cancer	$40 Copay, applies to the $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
OTHER SERVICES		
Allergy/Therapeutic Injections	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Medical Supplies, Equipment, Prosthetics (Unlimited)	$5,500 PCY Deductible, then 0% Coinsurance, applies to $7,000 PCY Out of Pocket Maximum	Shared with In-Network Deductible, then 20% Coinsurance, applies to Shared with In-Network Out of Pocket Maximum
Transplants (Unlimited)	Covered as any other service	Not Covered
SUPPLEMENTAL BENEFITS		
Routine Hearing Exam (1 every 36 months)	$40 Copay	Subject to OON Deductible, then OON Coinsurance
Hearing Hardware (WA Mandate $3,000 per ear with hearing loss every 36 months)	Covered in Full	Covered in Full
ANNUAL PLAN MAXIMUM		
Annual Plan Maximum	Unlimited	Unlimited

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WA FARM BUREAU HEALTHCARE TRUST - LWWA

Effective Date: 10/01/2025

Below is a brief overview of your Pharmacy Benefits. For more information on your benefits, please refer to your benefit booklets. To find out what tiers apply to a specific medication, refer to our Preferred Drug List in your Pharmacy Packet or at www.premera.com

PHARMACY PLAN	**PPO 100 PLAN 5500 - RX**
PRESCRIPTION DRUGS	
Formulary Drug List	Preferred B4: Tier 1 - Generic, Tier 2 - Preferred Brand, Tier 3 - Non-Preferred Brand, Tier 4 - Specialty
Annual Benefit Maximum	Unlimited
Individual Deductible PCY	$0
Family Deductible PCY	No Family Deductible
Out of Network (Non-participating retail pharmacies)	Same as In-Network
Out of Pocket Maximum	Applies to the medical out of pocket maximum
Retail Cost Shares	$10/$50/$80/$250
Mail Cost Shares	$30/$150/$240/$250
Day Supply	Retail Rx Copay = 30 Days; up to 90 day supply per Rx; Mail up to 90 Day per Rx; Specialty 30 Days

Notice of availability and nondiscrimination 800-722-1471 | TTY: 711

Call for free language assistance services and appropriate auxiliary aids and services.
Llame para obtener servicios gratuitos de asistencia lingüística, y ayudas y servicios auxiliares apropiados.
呼吁提供免费的语言援助服务和适当的辅助设备及服务。
呼籲提供免費的語言援助服務和適當的輔助設備及服務。
Gọi cho các dịch vụ hỗ trợ ngôn ngữ miễn phí và các hỗ trợ và dịch vụ phụ trợ thích hợp.
무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 신청하십시오.
Звоните для получения бесплатных услуг по переводу и других вспомогательных средств и услуг.
Tumawag para sa mga libreng serbisyo ng tulong sa wika at angkop na mga karagdagang tulong at serbisyo.
Звертайтесь за безкоштовною мовною підтримкою та відповідними додатковими послугами.
សូមហៅទូរសព្ទទៅសេវាជំនួយភាសាដោយឥតគិតថ្លៃ ព្រមទាំងសេវាកម្ម និងជំនួយចាំបាច់ដែលសមរម្យផ្សេងៗ។
無料言語支援サービスと適切な補助器具及びサービスをお求めください。
ለነፃ የቋንቋ እርዳታ አገልግሎቶች እና ተገቢ ድጋፍ ሰጪ አጋዥ መሳሪያዎችን እና አገልግሎቶችን ለማግኘት በስልክ ቁጥር
Tajaajiloota deeggarsa afaan bilisaa fi gargaarsaa fi tajaajiloota barbaachisaa ta'an argachuuf bilbilaa.
ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਉਚਿਤ ਸਹਾਇਕ ਚੀਜ਼ਾਂ ਅਤੇ ਸੇਵਾਵਾਂ ਵਾਸਤੇ ਕਾਲ ਕਰੋ।
Fordern Sie kostenlose Sprachunterstützungsdienste und geeignete Hilfsmittel und Dienstleistungen an.
ໂທເພື່ອຮັບການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ການບໍລິການ ແລະ ການຊ່ວຍເຫຼືອພິເສດທີ່ເໝາະສົມແບບບໍ່ເສຍຄ່າ.
Rele pou w jwenn sèvis asistans lengwistik gratis ak èd epi sèvis oksilyè ki apwopriye.
Appelez pour obtenir des services gratuits d'assistance linguistique et des aides et services auxiliaires appropriés.
Zadzwoń, aby uzyskać bezpłatną pomoc językową oraz odpowiednie wsparcie i usługi pomocnicze.
Ligue para serviços gratuitos de assistência linguística e auxiliares e serviços auxiliares adequados.
Chiama per i servizi di assistenza linguistica gratuiti e per gli ausili e i servizi ausiliari appropriati.
اتصل للحصول على خدمات المساعدة اللغوية المجانية والمساعدات والخدمات المناسبة.
برای خدمات کمک زبانی رایگان و کمک‌ها و خدمات امدادی مقتضی، تماس بگیرید.

Discrimination is against the law. Premera Blue Cross (Premera) complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes. Premera does not exclude people or treat them less favorably because of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. Premera provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language assistance services to people whose primary language is not English, which may include qualified interpreters and information written in other languages. If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, TTY: 711, Fax: 425-918-5592, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. You can also file a civil rights complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint Portal available at https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status, or by phone at 800-562-6900, 360-586-0241 (TDD). Complaint forms are available at https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx.

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